

HALESWORTH AND DISTRICT RIDING CLUB

Present Katherine Walter's 'Ride With Your Mind' Biomechanics Clinic

Sunday 4th November 2018 @ Centaur Trust

Earlsway Farm Yoxford Road Bramfield Halesworth IP19 9AD

"My aim as a coach is to give the rider the 'tool kit' to help them understand and gain control over their body which then enables them to ride in partnership with their horse and to have influence on their horse rather than being a passenger. I aim to deepen the riders feel of engagement within themselves thus leading to a better understanding and feeling of engagement in their horse" Katherine Walter

TALENT CAN BE TAUGHT!

Would you like to learn exactly how to sit and influence your horse? Would you like to feel more organised in your riding skills? Would you like to learn how the professionals ride? Katherine's aim is to 'make the impossible possible, the possible easy and the easy elegant.

Shared Groups of 2 or Individual 50 Minute Sessions 09.00 – 10.00, 10.00 – 11.00, 11.00 – 12.00, Break, 12.30 – 13.30, 13.30 – 14.30, 14.30 – 15.30 (*these slots include 10 min warm up prior to session start*)

Members Only Event 45.00 Individual Lesson 30.00 each Shared Lesson Spectators Welcome 5.00 per person (*please book with June in advance*)

To Secure your Session Please Contact

June Hall, Orchard Farm Bungalow, Clarkes Lane, Ilketshall St Andrew, Beccles NR34 8HR, PM on Facebook or email june.hall@gmail.com All Cheques made payable to 'Halesworth & District Riding Club'.

Bank Transfer Payments please to Halesworth & District Riding Club SORT CODE 20- 16-12 ACCOUNT NO. 93206823 Please always Add the Date of the event you are paying for as your reference.

Please ensure payment is made prior to the event to secure your place (Strictly No Clinic Payments taken on the day). Entries close 3 days prior to the training date, once entries have closed, refunds will only be made if a valid vet/medical certificate is produced unless a replacement is found. (Times notified either at time of booking or 48 hrs prior to the event) If you have any time requests, questions or concerns please do not hesitate to contact June on 07887 687711