

## ***Winter Training Tips from BD Judge Dena Green***

### **A few thoughts for winter training sessions**

Are you preparing the movements enough in advance to let your pony know something is about to change?

Are you riding corners/circles using inside leg into outside rein so there is uniform bend, without the neck and head positioned incorrectly and looking out?

Is your free walk active without slowing and still on a long rein contact so that you can influence the lowering of the neck?

Are you able to show clear transitions med walk / free walk / medium walk. A really important movement because at the lower levels the mark awarded is doubled.

Finally, are you using half halts to rebalance and assist with fluency?

I do hope you all enjoy your training with the goal in mind to increase your percentages in 2021.